

**A UNIQUE PERSPECTIVE:**  
“FEATURED CLIENT SPOTLIGHT”

# An Infinite Footprint: Mentis Napa’s Center for Mental Health Services

BY VALERIE OWENS



Celebrating 70 years, Mentis has served Napa County’s residents since 1948. Offering a bilingual professional mental health treatment and services, Mentis strives to provide Napa County residents with access to affordable care for the betterment of the community.

“It is our core belief that giving our county residents the tools they need to live emotionally healthy, stable lives creates a community of enduring strength,” said Executive Director, LCSW, Rob Weiss.

Serving over 1,000 residents last year, Mentis provides help and support county wide. With a staff of clinicians that are licensed, or are post-Master’s registered interns working toward licensing, the close-knit team offers daily support to clients through an array of services. Programs include, mental health treatment, school based, older adult, supportive housing program, a nimal-assisted therapy,

support groups, mental health – primary care integration and fire recovery. As a result of their passion and determination, 8 out of 10 clients have experienced a reduction in their symptoms and demonstrate improvement in their emotional wellness and daily functioning, according to the Mentis website.

“I am most proud of the growth we have experienced over the years,” said Weiss. “Our bandwidth has expanded tremendously which has allowed us to serve more people which means we touch more lives, which means we make Napa County a healthier and better place to live.”

For over 20 years, Rob Weiss has been an advocate for the accomplished organization through his work and leadership. Collaborating with a team of talented professionals, donors and community partners, Weiss attributes the growth and success to their hard work

and commitment to the community of Napa. “I have a tremendous and deep appreciation to the staff who do an exceptional job and to all of our dedicated donors, supporters and community partners,” said Weiss. “Mentis is thriving because of all of them.”

As the oldest operating non-profit in the county, Mentis is committed to providing health and wellness to everyone in need of their services. Assisting clients regardless of age, income or stage, Mentis will leave their footprint on the community for years to come.

“Our team at New Aspect is proud to serve Mentis as their work makes a major impact in the community,” said Financial Planner for New Aspect Financial Services, Shawn Campas. “Our core values align with the strong work that Mentis provides to others.”



p: 707 346 7601 | f: 707 260 6131  
e: [info@newaspectfs.com](mailto:info@newaspectfs.com)  
1475 Fourth Street, Napa, CA 94559